



Terms and Conditions for TRIBAL LLC / Vita Redding Shield Coaching Services

1. Introduction

These Terms and Conditions ("Agreement") govern the relationship between the Purpose & Career Coach ("Coach" dba Tribal LLC / Vita Redding Shields) and the Client ("Client") for the provision of coaching services. By signing up for coaching sessions, the Client agrees to these terms.

2. Services Provided

The Coach agrees to provide coaching services, which may include but are not limited to:

- Personal development
- Goal setting and achievement
- Prioritization and productivity coaching
- Career coaching
- Emotional well-being support
- Purpose and Vision self-discovery coaching
- Faith-based/spirituality coaching
- Encouragement and Motivational coaching

The coaching sessions may take place via video call, or over the phone, depending on mutual agreement.

3. Confidentiality

The Coach will keep all information shared during coaching sessions confidential, except in situations where disclosure is required by law or in cases of potential harm to the Client or others.

- The Client agrees to share any personal or sensitive information freely but understands that the Coach is not a licensed therapist.
- The Client is encouraged to maintain open communication and inform the Coach of any concerns during coaching sessions.

4. Client Responsibilities

The Client agrees to:

- Be honest and open during coaching sessions

- Complete any tasks, assignments, or exercises set by the Coach
- Attend scheduled sessions or provide at least 24 hours' notice if a session needs to be rescheduled
- Take responsibility for their own decisions and actions outside of coaching sessions

5. Payment and Fees

- The Client agrees to pay the agreed-upon fee for coaching sessions in advance of any session or course package use. Payment can be made via PayPal, Zelle or CashApp. For CashApp, there will be a 5% fee added for service to offset cost of app service fees.
- In the case of a missed session without prior cancellation (less than 24 hours), the Client may be required to pay the full fee for that session.
- Refunds are not offered for completed sessions.

6. Session Scheduling and Cancellation

- Coaching sessions will be scheduled at mutually agreed times.
- If the Client needs to reschedule, they must provide a minimum of 24 hours' notice.
- Sessions canceled with less than 24 hours' notice may be charged at the full session rate.

7. Limitation of Liability

The Coach makes no guarantees regarding the results or outcomes of the coaching services. The Client understands that coaching is not a substitute for professional medical, mental health, psychological, psychiatric treatment or legal advice. Where it is deemed necessary, the Coach may end services and recommend referral to an appropriate service provider.

- The Coach is not responsible for any decisions or actions taken by the Client as a result of the coaching sessions.

8. Termination of Coaching Relationship

Either the Coach or the Client can terminate the coaching relationship at any time, with or without cause.

- If the Client wishes to discontinue coaching, they should inform the Coach in writing.
- If the Coach determines that they can no longer serve the Client effectively, they will inform the Client and provide recommendations for other support.

9. Intellectual Property

All materials provided by the Coach, such as worksheets, resources, or exercises, are copyrighted and are intended solely for the Client's personal use. *The Client agrees not to share, distribute, or sell any content without the express permission of the Coach.*

10. Governing Law

This Agreement shall be governed by and construed in accordance with the laws of [Your Jurisdiction], without regard to its conflict of law principles.

11. Amendments

These terms may be amended or updated periodically. The Client will be notified of any changes. Continued use of coaching services implies acceptance of the updated terms.

12. Acceptance of Terms

By scheduling a session or engaging in life coaching services, the Client acknowledges they have read, understood, and agreed to these Terms and Conditions.

Date: _____

Print Name: _____

Signature: _____